



Welcome to Longmead Stadium 3G Pitch Home of TAJFC and TJFC



Longmead Stadium
Darenth Avenue
Tonbridge
TN10 3JF

3G Rules

When using the 3G Pitch please be aware of the following :-

1. No spectators on the pitch
2. No food or drink, unless in a proper, sealed container (drink only)
3. **No flat soled shoes or trainers. This includes Coaches and Assistant Refs. ALL Boots should be clean and free of mud. (Cleaning Stations are available on site).**
4. Any warm ups shuttle runs need to be completed off the marked playing surface. There is plenty of space around the perimeter, still on 3G.
5. No Dogs allowed in the Stadium.

Acceptable footwear

Please DO

- Wear clean sports shoes
- Keep drinks in plastic containers only
- Keep surface free from debris
- Close all gates during play
- Report any damage immediately to booking office
- Ensure goals and posts are secure before playing
- Enjoy

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Please DO NOT

- Smoke on the pitch
- Eat on the pitch
- Drop litter
- Chew gum on the pitch
- Allow dogs or bikes on the pitch
- Allow spectators on the pitch
- Drag goals or heavy items across the surface

ACCEPTABLE FOOTWEAR FOR 3G FOOTBALL PITCH

YES ✓	YES ✓	YES ✓	YES ✓	NO X
Studs (moulded)	Plastic Studs / Screw In (screw in less than 15mm)	Blades or Boots with metal or metal tipped studs (less than 15mm)	Astro Turf Trainers	Flat Soled eg. Indoor or Running Trainers
				

Please make sure your boots are clean and studs are in good condition before going onto the pitch. Anyone with inappropriate or muddy footwear will be asked to leave the pitch as it damages the playing surface. Thank You.